

## 1. Welcome Station

**On Hold Envelopes:** On a slip of paper write down any should, obligations, responsibilities and such that need to be put on hold for the weekend. Slip them into the envelope. Write your name on the envelope and place them in the basket for safekeeping. The envelopes and obligations will still be there if you would like to retrieve them after our weekend together. Or not.

**Muck Dusters:** These have magic magnetic powers. If you come with any ick residue from interactions or tight schedules or any karmic challenge, ask a colleague to dust you off.

**Medicinal Bath Salts for Spiritual Detox:** if your residual spiritual exhaustion or toxicity level are beyond the magic of the Muck Duster. You may need these. Sprinkle these special salts in bath water and soak for a very long time. Imagine the spiritual toxins being pulled out of your core. And as you pull the plug on your bathtub, watch those nasty contaminations circle the drain. Gone. Your karmic slate is clean.

## **2. Ball Pit**

Yes, that's right our very own Ball Pit. You are invited to dangle your feet in the balls of bliss or you can get right on in there. Here is the only rule: when two people are gathered they each take turns pulling balls out until they find one with a question and then take turns answering the question.

### **3. Create and Release Necklace Charms**

You are invited to create a charm specifically for a religious educator. Here's the kicker – you do not know who it is. Please make the charm prayerfully and lovingly. What is your wish for another religious educator? Make it into a charm. A silver jewelry backing will be attached after the charms dry. If you are inspired, you may make more than one.

## **4. Faith Formation Haiku (& other forms of poetry)**

Reflect back on your year. Or look ahead. Or go straight to the core and purpose of faith formation. Put it into poetry. Cheeky and irreverent or gorgeously soulful.

### **Haiku:**

5  
7  
5

### **Cinquain Poetry**

1. Write a noun
2. Below that write two adjectives
3. On the third line write three verbs that the noun does
4. On the fourth line write a thought about the noun
5. Last write a synonym of the noun

### **Diamond Poetry**

1. Subject (one word)
2. Two adjectives describing the subject
3. Three participles describing actions (-ing)
4. Four nouns associated with subject
5. Three participles showing change in subject
6. Two adjectives describing altered subject
7. A word opposite of subject

### **Acrostic Poetry**

1. Title-any subject
2. Use each letter of the title as first letter of the line.
3. The lines must have something to do with the title
4. May or may not rhyme

## **5. Wall of Appreciative Inquiry**

Add to the mural of possibilities. When do you feel most Unitarian Universalist? What are potential places for religious educators in the 21<sup>st</sup> Century? And other Big Questions...

## **6. Story Stones**

Instructions. Spend a full two minutes writing down all the roles, identities and titles you carry. All the ones you can think of. From that list circle ten you most identify with. From that ten, narrow it to three. And now decorate a stone with one (two or three if it's too unbearable to choose) of your very core identities. During our evening Celebration of Play, you will be invited up to place your stone in the river.

## 7. Prayer Candles

Please use whatever art supplies you like. This is yours to take home and use as a personal spiritual tool in your religious work. I find that tracing paper holds watercolors and permanent marker and crayon nicely and offers a lovely opaque film to glue on.

*Guiding questions:*

- What do you call the Ultimate Source?
- Whose shoulders do you stand upon?
- What mentors and companion give you strength and camaraderie for the journey?
- What is your driving mission and purpose?
- What do you want your life story to be about?
- What three words can be used to describe your core ministry?

## 8. Soul Cards

### *Instructions:*

Stand before the array of cards.

Think of a challenge you've been working on.

Close your eyes and really envision it in your mind's eye.

Conjure a specific question around this challenge.

Once you have your question, open your eyes and let your hand gravitate to a card. Take the card and let the image work on you.

What do you see?

What possibilities and/or truths are there?

Remember there are chaplains serving and holding us as we work through discernment. You are welcome to take your card home. You are also welcome to exchange it for a different one